

Retreat Program

First Evening -

Tuesday 10 November

**5.00pm for 6.30pm - Arrive &
settle in**

6.30pm - Dinner

**7.30pm - Address #1 -
Freedom from Anger**

Silence

Supper

9.15pm - Prayer at the End of the Day

First Day -

Wednesday 11 November

7.30am - Eucharist

8.15am - Breakfast

**9.15am - Address #2 -
Freedom from Sin**

**10.00am - Morning Tea
Interviews as required**

**11.00am - Address #3 -
Freedom from Guilt
Interviews as required**

12.30pm - Lunch

**2.00pm - Address #4 -
Freedom from Times of Pain**

3.00pm - Afternoon Tea

6.00pm - Evening Prayer

**6.30pm - Dinner
Interviews as required
Supper**

9.15pm - Prayer at the End of the Day

Second Day -

Thursday 12 November

7.30am - Eucharist

8.15am - Breakfast

**9.15am - Address #5
Freedom from
Times of Bereavement**

**10.00am - Morning Tea
Interviews as required**

**11.00am - Address #6
Freedom from
Fear of Death
Interviews as required**

**12.30pm - Lunch
Interviews as required**

**3.00pm - Afternoon Tea &
End of Silence**

3.45pm - Evening Prayer

5.00pm - Depart by this time